

PREGNANCY Your essential guide to tests and scans



practical parenting

www.practicalparenting.co.uk

AUGUST 2007 £2.70

15 ways to beat your birth fears

BABY

Safe sleep for hot nights

FEEDING

The foods that can change your child's personality!

SUMMER HEALTH SPECIAL

Sun safety, allergies, cuts & stings

FREE GIFT!

MAISY PAINT BOOK FOR EVERY READER*



MUM TESTED

- Re-usable nappies
- Travel highchairs
- Swimming gear

THE FEEL GOOD ISSUE!

✓ Make your unborn baby smile ✓ Be a confident parent ✓ Raise a happy child

PREGNANCY * BIRTH * BABY * TODDLER * PRE-SCHOOL



Go, Go, Go!

Check out the wheels on these little movers...



- 1 Wheelybug Mouse**, £49.95, 1-3yrs; £59.95, 2½-5yrs; Hippychick (01278 434440; www.hippychick.com) **2 Tractor Ride-On**, £29.99, 1yr+, Mulberry Bush (01403 790796; www.mulberrybush.co.uk) **3 Cozy Coupe II**, £43.95, 2yrs+, Little Tikes (0800 521558; www.littletikes.co.uk) **4 7-in-1 Trekker**, £59.99, 6mths+, Mothercare (08453 304070; www.mothercare.com) **5 Deluxe Fire Fighter Comet Pedal Car**, £149, 2yrs+, Aspen & Brown (0845 371 1171; www.aspenandbrown.com) **6 Sante Fé Express**, £100, 2yrs+ (requires 2xAA batteries), Mamas & Papas (0870 830 7700; www.mamasandpapas.co.uk) **7 Retro Trike**, £58.99, 18mths+, Urchin (0870 112 6006; www.urchin.co.uk) **8 Ride-On Zebra Shape Sorter**, £39.99, 15mths+, Mulberry Bush (as before)